

Mechanics - PHY 6247

Solutions to HW 6

P1

part a)

$$H = \frac{p^2}{2m} + A(q)p + B(q)$$

the generalized velocity is : $\frac{\partial H}{\partial p_r} = \dot{q}_r$

$$(1) \dot{q} = \frac{\partial H}{\partial p} = \frac{\partial}{\partial p} = \frac{p}{m} + A(q)$$

part b)

$$L = \sum p_r \dot{q}_r - H$$

$$L = p\dot{q} - \left[\frac{p^2}{2m} + A(q)p + B(q) \right]$$

from (1) $p = m(\dot{q} - A)$

$$L = -\frac{p^2}{2m} + p(\dot{q} - A) - B$$

$$L = -\frac{p^2}{2m} + \frac{p^2}{m} - B$$

$$L = \frac{p^2}{2m} - B$$

now replace $p = (\dot{q} - A)m$ from (1)

$$L = \frac{(\dot{q} - A)^2 m^2}{2m} - B$$

$$L = \frac{1}{2} m \dot{q}^2 + \frac{1}{2} m A^2(q) - m A(q) \dot{q} - B(q)$$

–P2.a–

$$L' = L + \frac{d\Lambda}{dt}$$

$$(1) \frac{d\Lambda}{dt} = \sum_i \frac{\partial \Lambda}{\partial q_i} \dot{q}_i + \frac{\partial \Lambda}{\partial t}$$

$$p = \frac{\partial L}{\partial \dot{q}}$$

$$p' = \frac{\partial L'}{\partial \dot{q}} = \frac{\partial}{\partial \dot{q}} \left(L + \sum_i \frac{\partial \Lambda}{\partial q_i} \dot{q}_i + \frac{\partial \Lambda}{\partial t} \right)$$

$$p' = \frac{\partial L}{\partial \dot{q}} + \frac{\partial}{\partial \dot{q}} \sum_i \frac{\partial \Lambda}{\partial q_i} \dot{q}_i + \frac{\partial}{\partial \dot{q}} \left(\frac{\partial \Lambda}{\partial t} \right)$$

$$\text{Now by the definition } \Lambda = \Lambda(q, t) \Rightarrow \frac{\partial}{\partial \dot{q}} \left(\frac{\partial \Lambda}{\partial t} \right) = 0 \quad (2)$$

$$(3) p'_i = p_i + \frac{\partial \Lambda}{\partial q_i}$$

which is the requested relationship.

–P2.b–

prob 2.b)

$$H = \sum p_r \dot{q}_r - L = p \dot{q} - L$$

$$H' = \sum p'_r \dot{q}'_r - L' = p' \dot{q} - L'$$

$$\text{replace (4) } p' = p + \frac{\partial \Lambda}{\partial q}$$

$$H' = \left(p + \frac{\partial \Lambda}{\partial q} \right) \dot{q} - L - \frac{d\Lambda}{dt}$$

$$H' = (p \dot{q} - L) + \frac{\partial \Lambda}{\partial q} \dot{q} - \left(\frac{\partial \Lambda}{\partial q} \dot{q} + \frac{\partial \Lambda}{\partial t} \right)$$

$$(5) H' = H - \frac{\partial \Lambda}{\partial t}$$

prob 2.c

Hamiltonian eq of motions are

$$\frac{\partial H'}{\partial q_i} = -\dot{p}'_i = \frac{dp'_i}{dt}$$

$$\text{subst } p' = p + \frac{\partial \Lambda}{\partial q}$$

$$\frac{\partial H'(q, p')}{\partial q_i} = \frac{\partial}{\partial q_i} (H(q, p(p', q)) - \frac{\partial \Lambda}{\partial t}) = \frac{\partial H}{\partial q_i} + \frac{\partial H}{\partial p_j} \frac{\partial p_j(p', q)}{\partial q_i} - \frac{\partial}{\partial q_i} \left(\frac{\partial \Lambda}{\partial t} \right) = \frac{\partial H}{\partial q_i} + \dot{q}_j \left(-\frac{\partial}{\partial q_i} \frac{\partial \Lambda}{\partial q_j} \right) - \frac{\partial}{\partial q_i} \left(\frac{\partial \Lambda}{\partial t} \right)$$

$$-\dot{p}'_i = -\frac{d}{dt} \left(p_i + \frac{\partial \Lambda}{\partial q_i} \right) = -\dot{p}_i - \frac{\partial}{\partial q_i} \frac{\partial \Lambda}{\partial q_j} \dot{q}_j - \frac{\partial}{\partial q_i} \left(\frac{\partial \Lambda}{\partial t} \right)$$

Thus $\frac{\partial H'(q, p')}{\partial q_i} = -\dot{p}'_i$ gives $\frac{\partial H}{\partial q_i} = -\dot{p}_i$, which means the EOM for p is unchanged!

$$\frac{\partial H'(q, p')}{\partial p'_i} = \frac{\partial}{\partial p'_i} (H(q, p(p', q)) - \frac{\partial \Lambda}{\partial t}) = \frac{\partial H}{\partial p_j} \frac{\partial p_j(p', q)}{\partial p'_i} - \frac{\partial}{\partial p'_i} \left(\frac{\partial \Lambda}{\partial t} \right) = \frac{\partial H}{\partial p_j} (\delta_{ij} - \frac{\partial}{\partial p'_i} \frac{\partial \Lambda}{\partial q_j}) - \frac{\partial}{\partial p'_i} \left(\frac{\partial \Lambda}{\partial t} \right).$$

Now note that $\frac{\partial}{\partial p'_i} \Lambda = 0$. Thus $\frac{\partial H'(q, p')}{\partial p'_i} = \frac{\partial H}{\partial p_i}$, so that $\frac{\partial H}{\partial p'_i} = \dot{q}_i$ gives $\frac{\partial H}{\partial p_i} = \dot{q}_i$, which means the EOM for $\dot{q}$ is unchanged!

$$L = \frac{m}{2} \left[(\dot{x}^2 + \dot{y}^2 + \dot{z}^2) + 2\omega(xy - yx) + \dot{\omega}^2(x^2 + y^2) \right]$$

In the eqn above all symbols are meant to be primed as for instance $\dot{x}^2 = \dot{x}'^2$.

$$H = \sum \dot{q}_i p_i - L \text{ given } p_i = \frac{\partial L}{\partial \dot{q}_i}$$

$$p_x = \frac{\partial L}{\partial \dot{x}} = m\dot{x} - m\omega y$$

$$p_y = \frac{\partial L}{\partial \dot{y}} = m\dot{y} + m\omega x$$

$$p_z = \frac{\partial L}{\partial \dot{z}} = m\dot{z}$$

$$H = \dot{x} (m\dot{x} - m\omega y) + \dot{y} (m\dot{y} + m\omega x) + m\dot{z}^2 - \left\{ \frac{m}{2} \left[(\dot{x}^2 + \dot{y}^2 + \dot{z}^2) + 2\omega(xy - yx) + \dot{\omega}^2(x^2 + y^2) \right] \right\}$$

$$H = m(\dot{x}^2 + \dot{y}^2 + \dot{z}^2) \left[1 - \frac{1}{2} \right] + m\omega(xy - yx)(1 - 1) - \frac{1}{2}m\omega^2(x^2 + y^2)$$

$$H = \frac{1}{2}m(\dot{x}^2 + \dot{y}^2 + \dot{z}^2) - \frac{1}{2}m\omega^2(x^2 + y^2)$$

substitute the following into the above expression for H

$$\frac{p_x}{m} + \omega y = \dot{x}$$

$$\frac{p_y}{m} - \omega x = \dot{y}$$

$$\frac{p_z}{m} = \dot{z}$$

$$H = \frac{1}{2}m \left[\left(\frac{p_x}{m} + \omega y \right)^2 + \left(\frac{p_y}{m} - \omega x \right)^2 + \frac{p_z^2}{m} \right] - \frac{1}{2}m\omega^2(x^2 + y^2)$$

$$H = \frac{1}{2} \left(\frac{p_x^2}{m} + \frac{p_z^2}{m} + \frac{p_y^2}{m} \right) + \frac{1}{2}m\omega^2(x^2 + y^2) - \frac{1}{2}m\omega^2(x^2 + y^2) + \omega(p_x y - p_y x)$$

$$H = \frac{1}{2} \left(\frac{p_x^2}{m} + \frac{p_z^2}{m} + \frac{p_y^2}{m} \right) + \omega(p_x y - p_y x)$$

The Lagrangian is

$$L = \frac{1}{2}m_1 l_1^2 \dot{\theta}_1^2 + \frac{1}{2}m_2 \left[l_1 \dot{\theta}_1^2 + l_2 \dot{\theta}_2^2 + 2l_1 l_2 \dot{\theta}_1 \dot{\theta}_2 \cos(\theta_2 - \theta_1) \right] + m_1 g l_1 \cos \theta_1 + m_2 g (l_1 \cos \theta_1 + l_2 \cos \theta_2)$$

$$\frac{\partial L}{\partial \dot{\theta}_1} = p_{\theta_1} = (m_1 + m_2) l_1^2 \dot{\theta}_1 + m_2 l_1 l_2 \dot{\theta}_2 \cos(\theta_2 - \theta_1)$$

$$\frac{\partial L}{\partial \dot{\theta}_2} = p_{\theta_2} = m_2 l_2^2 \dot{\theta}_2 + m_2 l_1 l_2 \dot{\theta}_1 \cos(\theta_2 - \theta_1)$$

$$l_2 \dot{\theta}_2 = \frac{p_{\theta_2}}{m_2 l_2} - l_1 \dot{\theta}_1 \cos(\theta_2 - \theta_1)$$

$$p_{\theta_1} = (m_1 + m_2) l_1^2 \dot{\theta}_1 + m_2 l_1 \left[\frac{p_{\theta_2}}{m_2 l_2} - l_1 \dot{\theta}_1 \cos^2(\theta_2 - \theta_1) \right]$$

$$\dot{\theta}_1 = \frac{l_2 p_{\theta_1} - l_1 p_{\theta_2} \cos(\theta_2 - \theta_1)}{l_1^2 l_2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}}$$

$$l_2 \dot{\theta}_2 = \frac{p_{\theta_2}}{m_2 l_2} - l_1 \left[\frac{l_2 p_{\theta_1} - l_1 p_{\theta_2} \cos(\theta_2 - \theta_1)}{l_1^2 l_2 \{m_1 + m_2 \sin(\theta_2 - \theta_1)\}} \right] \cos(\theta_2 - \theta_1)$$

$$\dot{\theta}_2 = \frac{p_{\theta_2}}{m_2 l_2^2} - \left[\frac{l_2 l_1 p_{\theta_1} \cos(\theta_2 - \theta_1) - l_1^2 p_{\theta_2} \cos^2(\theta_2 - \theta_1)}{l_1^2 l_2^2 \{m_1 + m_2 \sin^2(\theta_2 - \theta_1)\}} \right]$$

$$\dot{\theta}_2 = \frac{l_1^2 p_{\theta_2} \{m_1 + m_2 [\sin^2(\theta_2 - \theta_1)]\} - m_2 l_2 l_1 p_{\theta_1} \cos(\theta_2 - \theta_1) - m_2 l_1^2 p_{\theta_2} \cos^2(\theta_2 - \theta_1)}{m_2 l_2^2 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}} - \frac{m_2 l_2 l_1 p_{\theta_1} \cos(\theta_2 - \theta_1) - m_2 l_1^2 p_{\theta_2} \cos^2(\theta_2 - \theta_1)}{m_2 l_1^2 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}}$$

$$\dot{\theta}_2 = \frac{l_1^2 p_{\theta_2} m_1 + m_2 l_1^2 p_{\theta_2} \sin^2(\theta_2 - \theta_1)}{m_2 l_1^2 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}} - \frac{m_2 l_2 l_1 p_{\theta_1} \cos(\theta_2 - \theta_1) - m_2 l_1^2 p_{\theta_2} \cos^2(\theta_2 - \theta_1)}{m_2 l_1^2 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}}$$

$$\dot{\theta}_2 = \frac{l_1^2 p_{\theta_2} m_1 + m_2 l_1^2 p_{\theta_2} \sin^2(\theta_2 - \theta_1) + m_2 l_1^2 p_{\theta_2} \cos^2(\theta_2 - \theta_1)}{m_2 l_1^2 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}} - \frac{m_2 l_2 l_1 p_{\theta_1} \cos(\theta_2 - \theta_1)}{m_2 l_1^2 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}}$$

$$\dot{\theta}_2 = \frac{l_1 p_{\theta_2} m_1 + m_2 l_1 p_{\theta_2} - m_2 l_2 p_{\theta_1} \cos(\theta_2 - \theta_1)}{m_2 l_1 l_2^2 \{m_1 + m_2 [1 - \cos^2(\theta_2 - \theta_1)]\}}$$

$$\dot{\theta}_2 = \frac{(m_1 + m_2) l_1 p_{\theta_2} - m_2 l_2 p_{\theta_1} \cos(\theta_2 - \theta_1)}{m_2 l_1 l_2^2 (m_1 + m_2 \sin^2(\theta_2 - \theta_1))}$$

$$\dot{\theta}_1 = \frac{l_2 p_{\theta_1} - l_1 p_{\theta_2} \cos(\theta_2 - \theta_1)}{l_1^2 l_2 (m_1 + m_2 \sin^2(\theta_2 - \theta_1))}$$

$$H = \dot{\theta}_1 p_{\theta_1} + \dot{\theta}_2 p_{\theta_2} - L$$

for convenience, from this point on $p_{\theta_1} = p_1$; $p_{\theta_2} = p_2$

$$H = -g l_1 (m_1 + m_2) \cos \theta_1 - g m_2 l_2 \cos \theta_2 + \frac{(m_1 + m_2) l_1^2 p_2^2 + m_2 p_1^2 l_2^2 - 2 m_2 p_1 p_2 \cos(\theta_1 - \theta_2)}{2 l_1^2 l_2^2 m_2 \{m_1 + m_2 \sin^2(\theta_1 - \theta_2)\}}$$

$$-\frac{\partial H}{\partial p_1} = \frac{[l_1 p_2 \cos(\theta_1 - \theta_2) - l_2 p_1]}{l_1^2 l_2 [m_1 + m_2 \sin^2(\theta_1 - \theta_2)]}$$

$$-\frac{\partial H}{\partial p_2} = \frac{(m_1 + m_2) l_1 p_2 - m_2 l_2 p_1 \cos(\theta_1 - \theta_2)}{l_1 l_2^2 m_2 [m_1 + m_2 \sin^2(\theta_1 - \theta_2)]}$$

$$\frac{\partial H}{\partial \theta_1} = -g l_1 (m_1 + m_2) \sin \theta_1 - \frac{p_1 p_2 \sin(\theta_1 - \theta_2)}{l_1 l_2 [m_1 + m_2 \sin^2(\theta_1 - \theta_2)]} + \frac{\sin(\theta_1 - \theta_2) [(m_1 + m_2) l_1^2 p_2^2 + m_2 p_1^2 l_2^2 - 2 m_2 p_1 p_2 \cos(\theta_1 - \theta_2)]}{2 l_1^2 l_2^2 [m_1 + m_2 \sin^2(\theta_1 - \theta_2)]}$$

$$\frac{\partial H}{\partial \theta_2} = +g l_2 m_2 \sin \theta - \frac{p_1 p_2 \sin(\theta_1 - \theta_2)}{l_1 l_2 [m_1 + m_2 \sin^2(\theta_1 - \theta_2)]} + \frac{\sin(\theta_1 - \theta_2) [(m_1 + m_2) l_1^2 p_2^2 + m_2 p_1^2 l_2^2 - 2 m_2 p_1 p_2 \cos(\theta_1 - \theta_2)]}{2 l_1^2 l_2^2 [m_1 + m_2 \sin^2(\theta_1 - \theta_2)]}$$

$$T = \frac{1}{2}m\dot{x}^2$$

$$U = \frac{1}{2}k(x-l)^2$$

$$L = T - U = \frac{1}{2}[m\dot{x}^2 - k(x-l)^2]$$

$$p_x = \frac{\partial L}{\partial \dot{x}} = m\dot{x}$$

$$\dot{x} = \frac{p_x}{m}$$

$$H = \sum \dot{q}_i p_i - L = m\dot{x}^2 - \frac{1}{2}[m\dot{x}^2 - k(x-l)^2]$$

$$H = \frac{1}{2}[m\dot{x}^2 + k(x-l)^2]$$

$$H = \frac{1}{2}\left[\frac{p_x^2}{m} + k(x-l)^2\right]$$

Hamilton eq of motion

$$-\frac{\partial H}{\partial q_i} = \dot{p}_i; \quad \frac{\partial H}{\partial p_i} = \dot{q}_i$$

$$-\frac{\partial H}{\partial x} = \dot{p}_x = -k(x-l)$$

$$\frac{\partial H}{\partial p_x} = \dot{x} = \frac{p_x}{m}$$

$$L = a\dot{x}^2 + b\frac{\dot{y}}{x} + c\dot{x}y + fy^2\dot{x}\dot{z} + g\dot{y}^2 - k\sqrt{x^2 + y^2}$$

P6.a) Find the Hamiltonian

$$(1) \frac{\partial L}{\partial \dot{x}} = p_x = c\dot{y} + 2a\dot{x} + fy^2\dot{z}$$

$$(2) \frac{\partial L}{\partial \dot{y}} = p_y = \frac{b}{x} + c\dot{x} + 2g\dot{y}$$

$$(3) \frac{\partial L}{\partial \dot{z}} = p_z = fy^2\dot{x}$$

$$H = \sum_i \dot{q}_i p_i - L$$

$$H = \dot{x}(c\dot{y} + 2a\dot{x} + fy^2\dot{z}) + \dot{y}\left(\frac{b}{x} + c\dot{x} + 2g\dot{y}\right) + \dot{z}(fy^2\dot{x})$$

$$- \left[a\dot{x}^2 + b\frac{\dot{y}}{x} + c\dot{x}y + fy^2\dot{x}\dot{z} + g\dot{y}^2 - k\sqrt{x^2 + y^2} \right]$$

$$H = 2a\dot{x}^2 + c\dot{x}\dot{y} + fy^2\dot{x}\dot{z} + b\frac{\dot{y}}{x} + c\dot{x}\dot{y} + 2g\dot{y}^2 + fy^2\dot{x}\dot{z}$$

$$- \left[a\dot{x}^2 + b\frac{\dot{y}}{x} + c\dot{x}y + fy^2\dot{x}\dot{z} + g\dot{y}^2 - k\sqrt{x^2 + y^2} \right]$$

$$H = xP_x + yp_y + p_z\dot{z} - \left[a\dot{x}^2 + b\frac{\dot{y}}{x} + c\dot{x}y + p_z\dot{z} + g\dot{y}^2 - k\sqrt{x^2 + y^2} \right]$$

$$H = a\dot{x}^2 + c\dot{x}\dot{y} + g\dot{y}^2 + fy^2\dot{x}\dot{z} + k\sqrt{x^2 + y^2}$$

Collect $\dot{x}$

$$H = (a\dot{x} + c\dot{y} + fy^2\dot{z})\dot{x} + g\dot{y}^2 + k\sqrt{x^2 + y^2}$$

$$H = (a\dot{x} + c\dot{y} + fy^2\dot{z})\dot{x} + g\dot{y}^2 + k\sqrt{x^2 + y^2}$$

$$\text{from (1) } p_x - 2a\dot{x} - fy^2\dot{z} = c\dot{y}$$

$$H = (a\dot{x} + p_x - 2a\dot{x} - fy^2\dot{z} + fy^2\dot{z})\dot{x} + g\dot{y}^2 + k\sqrt{x^2 + y^2}$$

$$H = (-a\dot{x} + p_x)\dot{x} + g\dot{y}^2 + k\sqrt{x^2 + y^2}$$

$$\text{from (2) } \frac{(p_y - \frac{b}{x} - c\dot{x})^2}{4g^2} = \dot{y}^2$$

$$H = [-a(p_z/fy^2) + p_x](p_z/fy^2) + g(p_y - \frac{b}{x} - c\dot{x})^2 + k\sqrt{x^2 + y^2}$$

$$\text{from (3) } p_z/fy^2 = \dot{x}$$

$$H = [-a(p_z/fy^2) + p_x](p_z/fy^2) + \frac{g}{4g^2} [p_y - \frac{b}{x} - c(p_z/fy^2)]^2 + k\sqrt{x^2 + y^2}$$

$$H = -ap_z^2/f^2y^4 + p_xp_z/fy^2 + \frac{1}{4g} [p_y - \frac{b}{x} - cp_z/fy^2]^2 + k\sqrt{x^2 + y^2}$$

$$\frac{\partial H}{\partial x} = \dot{p}_x = \frac{kx}{\sqrt{x^2 + y^2}} + \frac{b}{2gx^2} \left(bp - \frac{b}{x} - \frac{cp_z}{fy^2} \right)$$

$$\frac{\partial H}{\partial y} = \dot{p}_y = \frac{4ap_z^2}{f^2y^5} + \frac{cp_xp_z^2(p_y - \frac{b}{x} - \frac{cp_z}{fy^2})}{f^2gy^5} - \frac{p_xp_z(p_y - \frac{b}{x} - \frac{cp_z}{fy^2})^2}{2fgy^3} + \frac{ky}{\sqrt{x^2 + y^2}}$$

b)

$$\frac{\partial H}{\partial z} = \dot{p}_z = 0 \text{ hence } p_z \text{ is conserved. } \frac{\partial H}{\partial t} = 0 \text{ hence } H \text{ is conserved}$$

$$L = \dot{q}_1^2 + \frac{\dot{q}_2^2}{a+bq_1^2} + k_1 q_1^2 + k_2 \dot{q}_1 \dot{q}_2$$

$$\frac{\partial L}{\partial \dot{q}_1} = p_1 = 2\dot{q}_1 + k_2 \dot{q}_2$$

$$\frac{\partial L}{\partial \dot{q}_2} = p_2 = \frac{2\dot{q}_2}{a+bq_1^2} + k_2 \dot{q}_1$$

solving for $\dot{q}_1, \dot{q}_2$ we get

$$\dot{q}_1 = \frac{2p_1 - k_2 p_2 (a+bq_1^2)}{4 - k_2^2 (a+bq_1^2)}$$

$$\dot{q}_2 = \frac{(k_2 p_1 - 2p_2)(a+bq_1^2)}{4 - k_2^2 (a+bq_1^2)}$$

$$H = \sum_i \dot{q}_i p_i - L$$

$$H = \frac{p_1^2 + p_2^2 (a+b^2 q_1) + k_2 p_1 p_2 (a+b^2 q_1)}{4 - k_2^2 (a+b^2 q_1)} - k_1 q_1^2$$

$$\frac{\partial H}{\partial q_1} = -\dot{p}_1 = 2k_1 q_1 - \frac{2bq_1(k_2 p_1 - 2p_2)^2}{[4 - k_2^2 (a+bq_1^2)]^2}$$

$$\frac{\partial H}{\partial q_2} = -\dot{p}_2 = 0 \quad p_2 \text{ is conserved}$$

$$\frac{\partial H}{\partial p_1} = \dot{q}_1 = \frac{2p_1 - k_2 p_2 (a+bq_1^2)}{4 - k_2^2 (a+bq_1^2)}$$

$$\frac{\partial H}{\partial p_2} = \dot{q}_2 = \frac{(2p_2 - k_2 p_1)(a+bq_1^2)}{4 - k_2^2 (a+bq_1^2)}$$

$$(1) \frac{\partial L}{\partial \dot{\theta}} = p_{\theta} = I_x \dot{\theta}$$

$$(2) \frac{\partial L}{\partial \dot{\phi}} = p_{\phi} = (I_x \sin^2 \theta + I_z \cos^2 \theta) \dot{\phi} + \dot{\psi} I_z \cos \theta$$

$$(2) \frac{\partial L}{\partial \dot{\psi}} = p_{\psi} = I_z (\dot{\phi} \cos \theta + \dot{\psi})$$

$$H = \sum_i \dot{q}_i p_i - L$$

$$H = \frac{p_{\theta}^2}{2I_x} + p_{\psi}^2 \left(\frac{1}{2I_z} + \frac{\cot^2 \theta}{2I_x} \right) + \frac{p_{\phi}^2}{2I_x} \csc^2 \theta - \frac{p_{\phi} p_{\psi} \cot \theta \csc \theta}{I_x} + g M r \cos \theta$$

$$\frac{\partial H}{\partial \theta} = -\dot{p}_{\theta} = \frac{(p_{\psi} - p_{\phi} \cos \theta)(p_{\phi} - p_{\psi} \cos \theta)}{I_x \sin^3 \theta} - M g r \sin \theta$$

$$\frac{\partial H}{\partial \phi} = -\dot{p}_{\phi} = 0 \text{ conserved}$$

$$\frac{\partial H}{\partial \psi} = -\dot{p}_{\psi} = 0 \text{ conserved}$$

$$\frac{\partial H}{\partial p_{\theta}} = \dot{\theta} = \frac{p_{\theta}}{I_x}$$

$$\frac{\partial H}{\partial p_{\phi}} = \dot{\phi} = \frac{(p_{\phi} - p_{\psi} \cos \theta)}{I_x \sin^2 \theta} \text{ precession rate}$$

$$\frac{\partial H}{\partial p_{\psi}} = \dot{\psi} = -\frac{p_{\psi}}{I_z} + \frac{(p_{\phi} - p_{\psi} \cos \theta)}{I_x \sin^2 \theta} \cos \theta \text{ spinning rate}$$